



NADACA

Native Alcohol and Drug Abuse Counselling
Association of Nova Scotia

MI'KMAW LODGE
TREATMENT CENTRE
ESKASONI, NOVA SCOTIA

EAGLES' NEST
TREATMENT CENTRE
SIPKNE'KATIK, NOVA SCOTIA

Looking for support? Pjila'si!

Virtual Aboriginal Wellness Program Schedule

Join our virtual classroom for daily sessions and cultural teachings by our certified treatment and prevention counselling team, and clinical and cultural therapists.



Sacred Teachings



Mental Wellness



Goal Setting

2024

- **March 18 to April 12**
- **April 22 to May 17**
- **May 27 to June 20**
- **July 2 to July 26**
- **August 6 to August 30**
- **September 9 to October 4**
- **October 15 to November 8**
- **November 18 to December 13**

2025

- **January 13 to February 7**
- **February 17 to March 14**

Register online at nadaca.ca or
contact reception at NADACA:
902-379-2262 or **1-866-588-5954**

nadaca.ca



**VIRTUAL
ABORIGINAL
WELLNESS
PROGRAM**