



# NADACA

Native Alcohol and Drug Abuse Counselling  
Association of Nova Scotia

**MI'KMAW LODGE**  
TREATMENT CENTRE  
ESKASONI, NOVA SCOTIA

**EAGLES' NEST**  
TREATMENT CENTRE  
SIPKNE'KATIK, NOVA SCOTIA

# Looking for support? Pjila'si!

## Virtual Aboriginal Wellness Program Schedule

Join our virtual classroom for daily sessions and cultural teachings by our certified treatment and prevention counselling team, and clinical and cultural therapists.



**Sacred Teachings**



**Mental Wellness**



**Goal Setting**

### 2023

- **March 20 to April 14**
- **April 24 to May 19**
- **May 29 to June 23**
- **July 3 to July 28**
- **August 7 to September 1**
- **September 11 to October 6**
- **October 16 to November 10**
- **November 20 to December 15**

### 2024

- **January 8 to February 2**
- **February 12 to March 8**

To register contact:  
Reception at NADACA:  
**902-379-2262 or 1-866-588-5954**

**nadaca.ca**



**VIRTUAL  
ABORIGINAL  
WELLNESS  
PROGRAM**