

ABOUT NADACA

Native Alcohol and Drug Abuse Counselling Association (NADACA) has provided addiction services in Mi'kmaw First Nations since 1971. NADACA programming is designed to deal with all aspects of substance abuse (i.e. alcohol abuse, illicit drug abuse, prescription drug abuse and solvent abuse).

Our vision is to provide our First Nations with current best practices and community based culturally relevant programs delivered by certified addictions counsellors, clinical and cultural therapists.

Our model builds on and affirms our power and strength to overcome addictions and provides tools to reclaim self-worth, pride and wellness.

CAC Certified— Canadian Accreditation Council

Governance and Management

Treatment Centre Program
with Aboriginal Culture

Addictions Program

Intensive Treatment and
Mental Health Designation

Mi'kmaw Lodge

A new way of living

70 Gabriel Street
Eskasoni
Nova Scotia B1W-1H6
PHONE 902-379-2267

Eagles' Nest Recovery House

We walk with you towards a new life

44 Eagles Nest Avenue
Sipekne'katik
Nova Scotia B0N-2H0
PHONE 902-758-4277

**TO APPLY, PLEASE CONTACT US
BY PHONE OR SEND AN EMAIL AT**

nadaca.ca/contact

All programming requires Band/Status Number



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Native Alcohol and Drug Abuse Counselling
Association of Nova Scotia



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“We walk with
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NADACA staff

Inpatient Program

Outpatient Programs

Online Programming

Mi'kmaw Lodge Treatment Center

Eskasoni First Nation

Eagles' Nest Recovery House

Sipekne'katik First Nation

IN-PATIENT & OUTPATIENT TREATMENT PROGRAMS

NADACA operates two in-person & outpatient/ stabilization treatment facilities – one in Eskasoni First Nation and one in Sipekne'katik First Nation. The goals of our treatment facilities are to enhance physical, spiritual, emotional and social issues caused by alcohol and drug misuse. We provide our First Nations Communities with current best practices and community based culturally relevant programs which are delivered by certified addictions counsellors.

TREATMENT PROGRAMMING

Programming at both Mi'kmaw Lodge and Eagle's Nest Recovery House includes:
4 & 5 Week Co-ed Treatment Programs
Women's Wellness Program
Outpatient Relapse/After Care & Stabilization Program
4 Week Online Aboriginal Wellness Program

VIRTUAL ONLINE WELLNESS PROGRAM

4 WEEKS

Delivered by Certified Counselling Staff

- Cultural Teachings
- Sweats
- Boundaries
- Self-Esteem
- Mindfulness
- Goal setting
- Mental Wellness & Addiction's
- Medicine Wheel Teachings
- Anxiety & Stress, Self-help groups

OTHER VIRTUAL PROGRAMMING

Online workshop

7 Sacred Teachings

Gambling

Online/In person support Groups

A.A. & N.A.



MI'KMAW LODGE

Our Lodge is located on a quiet, peaceful setting overlooking the beautiful Bras d'Or Lake. The Lodge houses 15 resident clients over a 4 to 5 week treatment cycle. Facilities include a modern kitchen and dining area, treatment rooms, therapy room, chapel, client resource room, client bedrooms, kitchenette, gym facilities, and a large meeting and recreation area.



EAGLES' NEST RECOVERY HOUSE

The Nest houses 7 resident clients over a 4 to 5 week treatment cycle. Facilities include a modern kitchen and dining area, treatment rooms, therapy room, client resource room, client bedrooms, workout room, and a large meeting and recreation area.