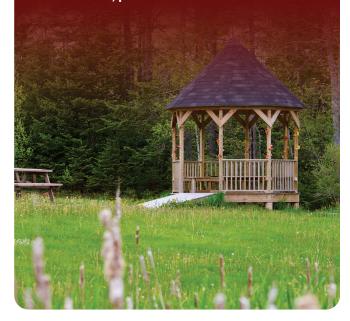
ABOUT NADACA

Native Alcohol and Drug Abuse Counselling Association (NADACA) has provided addiction services in Mi'kmaw First Nations since 1971. NADACA programming is designed to deal with all aspects of substance abuse (i.e. alcohol abuse, illicit drug abuse, prescription drug abuse and solvent abuse).

Our vision is to provide our First Nations with current best practices and community based culturally relevant programs delivered by certified addictions counsellors, clinical and cultural therapists.

Our model builds on and affirms our power and strength to overcome addictions and provides tools to reclaim self-worth, pride and wellness.



CAC Certified— Canadian Accreditation Council

Governance and Management

Treatment Centre Program with Aboriginal Culture

Addictions Program

Intensive Treatment and Mental Health Designation

Mi'kmaw Lodge

A new way of living 70 Gabriel Street Eskasoni Nova Scotia B1W-1H6 PHONE **902-379-2267**

Eagles' Nest Recovery House

We walk with you towards a new life

44 Eagles Nest Avenue Sipekne'katik Nova Scotia BON-2HO PHONE **902-758-4277**

TO APPLY, PLEASE CONTACT US BY PHONE OR SEND AN EMAIL AT

nadaca.ca/contact

All programming requires Band/Status Number

ΝΔΠΔ

Association of Nova Scotia

Native Alcohol and Drug Abuse Counselling





NADACA Native Alcohol and Drug Abuse Counselling

Association of Nova Scotia

"We walk with you towards a new life."

NADACA staff

Inpatient Program Outpatient Programs Online Programming Mi'kmaw Lodge Treatment Center Eskasoni First Nation Eagles' Nest Recovery House Sipekne'katik First Nation

IN-PATIENT & OUTPATIENT TREATMENT PROGRAMS

NADACA operates two in-person & outpatient/ stabilization treatment facilities - one in Eskasoni First Nation and one in Sipekne'katik First Nation. The goals of our treatment facilities are to enhance physical, spiritual, emotional and social issues caused by alcohol and drug misuse. We provide our First Nations Communities with current best practices and community based culturally relevant programs which are delivered by certified addictions counsellors.

TREATMENT PROGRAMMING

Programming at both Mi'kmaw Lodge and Eagle's Nest Recovery House includes: 4 & 5 Week Co-ed Treatment Programs Women's Wellness Program Outpatient Relapse/After Care & Stabilization Program

4 Week Online Aboriginal Wellness Program

VIRTUAL ONLINE WELLNESS PROGRAM

4 WEEKS

Delivered by Certified Counselling Staff

- Cultural Teachings
- Sweats
- Boundaries
- Self-Esteem
- Mindfulness
- Goal setting
- Mental Wellness & Addiction's
- Medicine Wheel Teachings
- Anxiety & Stress, Self-help groups

OTHER VIRTUAL PROGRAMMING

Online workshop 7 Sacred Teachings Gambling

Online/In person support Groups A.A. & N.A.



MI'KMAW LODGE

Our Lodge is located on a quiet, peaceful setting overlooking the beautiful Bras d'Or Lake. The Lodge houses 15 resident clients over a 4 to 5 week treatment cycle. Facilities include a modern kitchen and dining area, treatment rooms, therapy room, chapel, client resource room, client bedrooms, kitchenette, gym facilities, and a large meeting and recreation area.



EAGLES' NEST **RECOVERY HOUSE**

The Nest houses 7 resident clients over a 4 to 5 week treatment cycle. Facilities include a modern kitchen and dining area, treatment rooms, therapy room, client resource room, client bedrooms, workout room, and a large meeting and recreation area.